

# Reflection & Adjustment Worksheet

## Reflect on Emerging Clinical Matters in Recent Encounters and Identify Adjustments that Should Be Made

Working from the Encounter Notes Exemplar, identify any matters of practical or clinical significance that surfaced during recent encounters with Mateo. Reflect on the significance of those matters and then specify updates and adjustments, if any, that should be made to the Case Story, Bio-Psycho-Social Assessment, Clinical Case Formulation, and Outcomes and Interventions stated in Mateo's Treatment Plan. Using the worksheet below, note any adjustments to be made or Next Steps to be taken.

### Encounter 1: Mateo "Gets His Health Issues Under Control" (CSW's Reflections)

Note Any Updates & Adjustments to be made in the following items:

- Mateo's Case Situation to be Communicated to Team Members & Providers:

- Mateo's Bio-Psycho-Social Assessment or Any Next Step Probes:

- Mateo's Clinical Case Formulation or Any New Case Understanding:

- Mateo's Outcomes, Goals, or Objectives:

- Mateo's Interventions or Related Courses of Action:

### Encounter 2: Mateo Fills Time to "Be Clean and Stay Sober" (CSW's Reflections)

Note Any Updates & Adjustments to be made in the following items:

- Mateo's Case Situation to be Communicated to Team Members & Providers:

- Mateo's Bio-Psycho-Social Assessment or Any Next Step Probes:

- Mateo's Clinical Case Formulation or Any New Case Understanding:

- Mateo's Outcomes, Goals, or Objectives:

- Mateo's Interventions or Related Courses of Action: