



YOUTH MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Acute Psychiatric Stabilization for Tweens & Adolescents ages 10 to 17

Mesilla Valley Hospital offers specialized inpatient behavioral health treatment for youth experiencing the following and other conditions:

- ◆ Suicidal/Homicidal Thoughts
- ◆ Depression/Anxiety/Panic Attacks
- ◆ Substance Abuse & Addiction
- ◆ Psychosis/Delusions/Hallucinations
- ◆ Severe Agitation/Aggression
- ◆ Symptoms related to Post-Traumatic Stress Disorder (PTSD), Bipolar Disorder, Schizophrenia, Major Depressive Disorder, and other psychiatric diagnoses.

Residential Treatment Center (RTC) for Girls ages 12 to 17

Mesilla Valley's Residential Treatment Center (RTC) for adolescent females is a trauma-informed program that provides structured treatment for emotional, behavioral, psychological and substance abuse conditions. The RTC program incorporates:

- ◆ Individual, group, and family therapy
- ◆ Medication management
- ◆ Therapeutic recreational activities
- ◆ Attendance at an on-site licensed school

For more information about services, please call:

575.382.3500

800.877.3500

We offer no-cost, confidential assessments 24/7 with no appointment necessary. Walk-ins always welcome!

mesillavalleyhospital.com

OUR PROGRAMS

In addition to our youth services, we provide the following programs for adults:

- Acute Psychiatric Stabilization
- Psychiatric Intensive Care
- Dual-Diagnosis Treatment for Substance Abuse & Mental Health
- Substance Abuse Detox
- Partial Hospitalization Program (PHP) for Substance Abuse & Mental Health



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