



GUIDING MENTAL HEALTH & ADDICTION RECOVERY

Referral Line: 575.382.4998 or 800.877.3500

Fax: 575.636.1955

Tween/Adolescent & Adult Acute Psychiatric Care

Our Tween/Adolescent (10-17 years) & Adult Acute Treatment Programs are designed for patients who require short-term, crisis stabilization for acute symptoms like suicidal or homicidal thoughts, depression, psychosis, hallucinations, substance abuse, and other acute psychological, behavioral, and emotional conditions.

When making a referral, you will be asked to provide documentation regarding the patient's current mental status and any other collateral that could help determine a person's level of care needs and to determine if the patient is medically-stable.

Most insurance plans accepted for Acute Care including Medicare, TRICARE®, NM Centennial Care, BCBS, Presbyterian Health Plan, Cigna, Aetna and others.

Adolescent Residential Treatment Center (RTC) for Girls

Our Adolescent RTC is a trauma-informed program for females ages 12 to 17 who require intensive, structured care for emotional, psychological, and addiction issues. Our treatment approach is one that recognizes many adolescent behavioral health concerns are related to trauma.

When making a referral, you will be asked to provide documentation about mental health history & status, chronological offense records, insurance, current labs (if client is hospitalized), and any other helpful information.

We accept TRICARE®, NM Centennial Care, and other insurance plans for RTC.

Adult Dual-Diagnosis Program – Substance Abuse & Mental Health

We provide medically-managed inpatient acute detox and substance abuse treatment for adults struggling with alcohol & drug addiction, along with co-occurring mental health conditions. Patients gain valuable insight into addiction and relapse prevention, along with attaining coping skills to help them achieve recovery.

When making a referral, you will be asked to provide information about the person's current substance use, treatment history, medical issues, insurance, and other collateral to help determine the person's level of care needs. A clinical assessment will be provided either in-person or by phone, depending on insurance requirements.

Most commercial insurance plans accepted for Rehab & Detox, including Medicare, TRICARE®, BCBS, Presbyterian Health Plan, Cigna, Aetna and others.

Journey to Recovery – Substance Abuse & Mental Health PHP

Journey to Recovery is a Partial Hospitalization Program (PHP) for adults. We offer two programs — Chemical Dependency & Mental Health. Both programs address co-occurring disorders and provide intense and structured care. Our CD PHP is for adults struggling with addiction, who need help learning to live life free from drugs & alcohol. MH PHP is an intense counseling program for patients who need more mental health support than traditional outpatient counseling or who need a stepdown from inpatient care.

When making a referral, you will be asked to provide information to assist our staff in evaluating a person's level of care needs, including current substance use, psychiatric diagnosis, treatment history, medical issues, and insurance.

We accept TRICARE®, Medicare, NM Centennial Care, BCBS, Presbyterian Health Plan, Cigna, Aetna and other insurance plans for PHP.

No-cost assessments offered 24/7 – Walk-ins welcome anytime!



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Assessment & Admission Process

- Mesilla Valley Hospital offers assessments for adolescents and adults, 24 hours a day, seven days a week. To make a referral or schedule an assessment, please call 575.382.3500 or 800.877.3500.
- An appointment is not required for an assessment, as we accept walk-ins anytime. Also, a patient does not always have to be medically-cleared through an emergency room. If a person is medically-stable, he/she can present to Mesilla Valley Hospital for an assessment directly.
- When making a referral, please provide all information requested to the Assessment & Referral staff via fax at 575.636.1955. Be sure your client and his/her guardian (if appropriate) sign all the forms to assure you will be able to obtain information you deem necessary.
- Once a patient has been assessed, the clinical staff, along with the attending physician, will determine the appropriate level of care and whether the patient requires hospitalization. A staff member will provide follow-up regarding the patient, once the appropriate release of information forms are signed.
- If a patient is admitted, he/she will receive a Patient Code Number. Family members, friends, and providers who wish to speak directly to the patient during visiting and phone hours must have this number. If you are a provider, we must have a signed release of information in order to communicate about a patient’s care.
- During a patient’s stay, you may be asked to be involved in treatment planning, depending on what is determined by the physician to be clinically-appropriate.
- Upon discharge, the attending physician will dictate a discharge summary. Please contact the Medical Records Department to assist you in obtaining the discharge summary. An approved release of information is required to obtain any patient documentation.

	<u>Direct Phone Numbers</u>	<u>Fax Numbers</u>
Admissions	575.382.4998	575.636.1955
Business Development	575.382.4927	575.382.4906
Business Office	575.382.6648	575.382.4906
Clinical Services	575.382.6673	575.382.4900
Del Rey School	575.382.6611	575.382.6610
Human Resources	575.382.4988	575.382.4999
Medical Records	575.382.6636	575.382.4904
Partial Hospitalization Program	575.382.6677	575.382.4906