



NMBHPA 3rd Annual Conference Presentation Descriptions + Presenter Bios

DAY 1 - THURSDAY, MAY 5, 2022

9:30 - 10:40 a.m.

PRESENTATION: An Introduction to the Early Childhood Education and Care Department: (ECECD): Service Array, Workforce Capacity Building, and Supports to Child Care Centers

PRESENTER: Dr. Kate Gibbons, LCSW, LISW

DESCRIPTION: In 2019, Gov. Lujan Grisham and the New Mexico Legislature created the Early Childhood Education and Care Department (ECECD). The Department officially launched on July 1, 2020, and comprises services and departments from other state agencies previously serving early childhood education and care. The aim of the ECECD is to create a more cohesive, equitable, and effective early childhood system in New Mexico through collaboration with state, local, community, advocacy, and provider partners in coordinating a continuum of programs from prenatal to five years old. The system continuum is to ensure that families in every corner of the state can access the services they need. This presentation is an introduction to the new department, a look at how ECECD is addressing an under-funded, dwindling child care and preK workforce, and it is providing support to child care centers.

PRESENTER BIO: Kate Gibbons, Ph.D., LCSW, LISW - is the Deputy Secretary of Early Childhood Education and Care Department, following 25 years as a system change and development consultant. She is known for achieving organizational and system transformation through her ability to build relationships with a broad range of audiences. Kate's work includes grant implementation and initiatives, capacity building, qualitative measurement and Quality Service Review, leadership coaching, organizational development, and planning. Kate is on the board at El Puente Encuentros and volunteers at New Day Youth and Family Services. She has a Ph.D. in Organizational Systems and independent clinical licenses in Social Work.

PRESENTATION: Insights and Innovations in Integration

PRESENTERS: Teresa Arizaga, MD, Hidalgo Medical Center; Mickie Holland, LPCC, Chief Clinical Officer, Guidance Center of Lea County; Molly Faulkner, PhD, APRN, LCSW, Division of Community Behavioral Health; Betty Downes, PhD, NM Behavioral Health Division

DESCRIPTION: Does integrated care seem expensive, confusing, and unattainable? You may be surprised to find out that you are already employing activities in your practice and/or agency that are considered integrated care. Come, listen and participate as two New Mexico agencies review the steps they have taken and the real progress they have made to implement whole person integrated care to members of their communities. Specific tools utilized in the development of their integration will be presented as well as actual outcomes and patient observations and experiences. We will also provide experiential and pragmatic whole person body/mind integration exercises to assist participants in exploring the value of integration first hand and ultimately take home to utilize in any way they choose.

PRESENTER BIOS: Mickie Holland, LPCC is Chief Clinical Officer, Guidance of Lea County, which as a CMHC, provides a wealth of behavioral health services to the Lea County and Hobbs Community in Southeastern NM. Through the efforts of her leadership and agency staff, they have advanced integration of primary care and behavioral health care in their Bridges to Wellness program.

Teresa Arizaga, M is Chief Mental Health Office of Hidalgo Medical Center, Silver City, NM which is a FQHC that services the community of southwestern corner of NM. As a psychiatrist and leader, Dr. Arizaga both champions and implements integration of primary care and behavioral health care and fosters the growth and development of staff in the management of their Bridges to Wellness program.

Molly Faulkner, PhD, APRN, LCSW is Associate Professor in the UNM, Department of Psychiatry and Behavioral Sciences, Division of Community Behavioral Health (CBH). Dr. Faulkner provides behavioral health care to underserved populations of children, adolescents and adults and engages in behavioral health workforce development, clinical supervision, training and education and evaluation in integrated care.

PRESENTATION: Stress-Less, Thrive More: Foundations for a Fabulously Functional Business (and the tools to get you there)

PRESENTERS: Lisa K. Jackson, MA, LPCC, MPH; Sr. Clinical Advisor, Laurie Kerr, PMP; Sr. Project Manager, ENVIVE Solutions, LLC

DESCRIPTION: What's a fabulously functional business? An organization with the right tools and practices can mitigate a wide range of common challenges like: staff recruitment and retention, burn-out, poor staff accountability, low staff engagement, strife among team members, lack of standardized processes and procedures and unexpected external influences (the pandemic, changes in Medicaid, etc.) A fabulously functional business is agile and responsive. It's a learning-forward environment that lends itself to productivity, stability and even joy in the workplace. Most clinical leaders understand the importance of having the right clinical training

but rarely do clinical leaders (especially owner-operated small businesses) receive training in leadership or management practices. Did you know that just a few basic tools and processes can make the difference between a struggling business and a thriving one? In this interactive session, we will assess and explore various leadership styles, management practices, and learn basic tools that will strengthen the foundation of your organization. And we'll have fun in the process!

PRESENTER BIOS: Lisa K. Jackson is a master's level clinical counselor (LPCC) and earned her Master's in Public Health. She is the former Administrative Director of the Integrated Substance Use Disorder and Community Collaborative Initiative for Presbyterian Healthcare Services. She has worked in community behavioral health and health insurance since 2003 and has successfully led the development and implementation of numerous behavioral health programs. Lisa is known for her passion for integrated care, collaborative leadership style, and effective working relationships with leaders, state departments, health plans, and stakeholders across a wide range of disciplines.

Laurie Kerr is a certified Project Management Professional and has worked in healthcare since 2012. Prior to that, she owned her own business as a professional organizer specializing in helping small-business owners be more organized and efficient. As a project manager, Laurie has successfully led complex projects for both delivery systems and health insurance - from IT projects to Emergency Department programs to creating new departments. She is known for having a steady hand in difficult situations and for her excellent interpersonal skills with all levels of staff. Project owners know she is someone they can rely on to get projects done.

10:50 a.m. - 12:00 p.m.

PRESENTATION: Sustainability of the Self: How Not to Pour from an Empty Cup

PRESENTER: Meg Long, MPH E-RYT, Director Center for Health Innovation

Dept of Training & Technical Assistance

DESCRIPTION: Main topics

- Creating your own sustainability to avoid burnout
- Compassion fatigue
- Secondary trauma

Learning experience

- Wellness Self-assessment
 - Workplace wellness
- Resilience activities: short mindfulness and centering practices to be used preventatively and in response to stress
- Evaluate and prioritization of one's time and energy
- Identify workplace behavior change to increase resiliency

PRESENTER BIO: **Meg Long, MPH E-RYT** has worked in the field of Public Health since 2002. Her areas of expertise are mental health, international health, sexual health, violence and suicide prevention, substance use disorder prevention, and food insecurity. Meg is also an Adjunct Assistant Professor for the Public Health Sciences Department at New Mexico State University. She earned a Bachelor's in Sociology and Social Work from Western Michigan University in 2001 and my Masters of Public Health from New Mexico State University in 2009. Meg has a strong volunteer background as a national service worker with AmeriCorps NCCC and a US Peace Corps Volunteer in Kenya, East Africa. Currently, Meg is the Director of Training and Technical Assistance at the Center of Health Innovation, New Mexico's Public Health Institute. Additionally, Meg is a yoga instructor and yoga teacher trainer. Meg's goal is to create a culture of healthy, sustainable work/life balance for those working in the helping fields, where high professional standards and healthy boundaries are not mutually exclusive.

PRESENTATION: Leading Amidst Change and Uncertainty: Creative Solutions for Attracting and Retaining Talent in a Rapidly Evolving Workplace

PRESENTERS: Kathleen Karimi, Behavior Change Institute, Co-Founder and CEO of Business Operations; Kelly Weingart, Director of Talent Acquisition Behavior Change Institute; Kimberly Schafer, Chief HR Officer All Faiths Children's Advocacy Center

DESCRIPTION: Pandemic related pressures and resulting changes have accelerated the evolution of the employee-employer relationship beyond what anyone could anticipate. This panel presentation will bring forward specific examples of how behavioral health provider organizations have achieved success in leading with uncertainty, evolving the definition of workplace, and redefining the employer-employee relationship to attract and retain top talent.

PRESENTER BIOS: **Kathleen Karimi** is the Co-founder and CEO of Business Operations at Behavior Change Institute, President of the Working Parents Foundation and Board Member for the New Mexico Behavioral Health Providers Association. Kathleen earned a Masters Degree in Healthcare Administration from Ohio University and has a Bachelor's in Psychology from the University of Minnesota. Kathleen discovered her passion for behavioral healthcare early on and has thirteen years of experience supporting clinical practice through behavioral health administration, client/family advocacy and business development. In addition to fulfilling an executive role at several premier behavioral healthcare organizations, Kathleen has consulted for dozens of provider organizations nationwide in the areas of business administration, quality assurance, public policy, and development.

PRESENTATION: National Latino Behavioral Health Association – Supporting, Building and Training the BH Workforce

PRESENTERS: Fred Sandoval, Maxine Henry, Ruth Yanez

DESCRIPTION: The National Latino Behavioral Health Association (NLBHA) will showcase its services available to New Mexican providers and communities across the state to include its two signature bilingual training programs on Behavioral Health Interpreter Training and Promotores de Bienestar and our successful Latino scholarship program. NLBHA operates the

National Hispanic/Latino Addictions and Prevention Technology and Transfer Centers and will highlight the free training and technical assistance available to New Mexican providers and communities during this session. NLBHA invites you to this year's National Latino Behavioral Health Conference during Hispanic Heritage Month in Las Vegas, Nevada.

PRESENTER BIOS: **Fred Sandoval** has over 38 years professional experience in health and human services. Fred works as the Executive Director for the National Latino Behavioral Health Association. Under his leadership NLBHA operates both the National Hispanic and Latino Addiction and Prevention Transfer Technology Centers as well as a Strategic Prevention Framework Partnerships for Success program; oversees the Behavioral Health Interpreter and Promotores de Bienestar Training programs. He was appointed to serve on the New Mexico Medical Board of Examiners Naturopathic Doctor Advisory Council by the New Mexico Supreme Court. Fred recently presented as a thought leader to the Satcher Health Leadership Institute Data Consortium and the Congressional Hispanic Leadership Institute on the Latino mental health crisis. He is the host for *Platicas LIVE ON FACEBOOK* called “Latino Wellness during COVID-19” and “*Tenemos Voz on Peer Recovery.*” Fred serves on the Con Alma Health Foundation Board of Trustees. He has served as a member of the SAMHSA Health Care Reform Community of Practice advising on effective outreach and enrollment of uninsured Latinos leading to NLBHA being named a Champion of Health Coverage by the Center for Medicaid & Medicare Services. He was formerly appointed by Governor Bill Richardson as the Deputy Secretary of Health and served as an alternate to the U.S.-Mexico Border Health Commission. During the Richardson administration he served as the Income Support Division Director and Executive Administrator for the Behavioral Health Collaborative at the New Mexico Human Services Department. He served as First Vice President of the National Alliance on Mental Illness (NAMI) in Arlington, VA and is the former NLBHA Board President. Fred participated in President George W. Bush' announcement of the New Freedom Commission in Albuquerque and served on the Hispanic Mental Health Congress during the President Clinton administration. He has and continues to serve on numerous national, regional and community boards, councils, commissions, and committees. He received the SAMHSA Administrator Award, the Cerro Grande Fire Hero Award, the Con Alma Health Foundation Health Hero Award, and numerous national recognitions for his work in and with Latino communities. He received his Master's in Public Administration from Northern Arizona University in 1992 where he specialized in Community Development, Administrative Law and Personnel and received his Bachelors of University Studies from the University of New Mexico in 1980.

1:30-2:10 p.m.

PRESENTATION: **National Behavioral Health Trends and Outlooks**

PRESENTER: Reyna Taylor, Vice President Policy & Advocacy Policy Department, National Council for Wellbeing

PRESENTER BIO: Reyna Taylor brings extensive experience with federal public policy initiatives to protect access and affordability to her role as Vice President of Public Policy and Advocacy at the National Council for Mental Wellbeing where she leads public policy and government affairs activities, supervises legislative matters and guides overall public policy strategy. With nearly two decades of specialty pharmaceutical and medical device experience, Ms. Taylor has a wide range of knowledge on public policy issues, including Medicare, Medicaid and commercial management of managed care organizations, hospitals, pharmacies and mental health centers. She holds a Bachelor of Science in neuroscience from Bates College and earned a Master of Science in biotechnology and Master of Business Administration from Johns Hopkins University.

2:30-3:30 p.m.

PRESENTATION: The Miracle and Magic of Peer Support Work

PRESENTERS: Melisha L. Montaña, OPRE; Nathan Lawson OPRE; Richard Freund, OPRE

DESCRIPTION: The essence of recovery for over 80 years has been “one alcoholic/addict helping another”. The evolution of this has been peer support in the behavioral health field for decade. Guided by innovation and sustainability, the Peers trained by OPRE provide opportunities and create methods of intention and rigor to plan and accomplish goals. With overall wellness as a guide, expansion of the basic “mind, body, spirit” concepts, Peers assists and guides members of the community through each dimension of wellness, utilizing peer support, recovery community, sober fellowship, activities, programs, education, and recovery meetings. The BHSD/OPRE is intent on expanding the role of peer support and other peer activity consistent with New Mexico’s overall behavioral health goals. New Mexico’s goals seek to transform the traditional service system to a recovery-based behavioral health system where care and services are peer centered and community-based.

PRESENTER BIOS: Richard Freund, OPRE has had a distinguished business career in operations and logistics; which paralleled his personal recovery story. Starting a career in the apparel industry 40 years ago, Richard’s entrance into the recovery world in 1984 launched his personal life, family life and business life. After leaving that industry in 2017, Richard has been partaking in recovery based peer support work in multiple agencies. First with the ground breaking In Home Addiction Model in New England as a peer support worker, then as MAT Coordinator for the SOTA office in New Mexico. Today, as Peer Run Community Wellness Centers supervisor and liaison in New Mexico, Richard shares his experience, strength, and hope as a CPSW both personally and professionally.

Nathan Lawson, OPRE is a lifelong resident of New Mexico, born and raised in southern New Mexico. Nathan is a person in long term recovery, meaning that for seven years he has learned new ways to cope with life’s everyday struggles. Nathan is in recovery from lifestyle choice, substance use, and mental health issues. He continues to work daily in our

communities to enhance and expand peer support as a behavioral health service, to help those that may still be struggling. Nathan was raised in a Hispanic family and culturally he considers himself Hispanic. Nathan continues to advocate for all populations, that they too can recover once the pain of changing becomes easier to endure than the pain of remaining the same!

Melisha L. Montañó, OPRE is a woman in long-term recovery from substance use and mental health challenges of 12 years. She currently serves as the State of New Mexico program manager for the Office of Peer Recovery and Engagement (OPRE) Behavioral Health Services Division, and the Human Services Department. Her work focuses on leveraging the lived experience of those with mental health vulnerabilities and or substance misuse as a way to improve the continuum of care. She built her career on lifting people up as they make their way into the behavioral health field with integrity and a strong emphasis on ethics. Her efforts focus on cross-agency collaboration to promote a unified peer support model. Melisha considers herself a walking miracle and because of her lived experience, she's able to lead the OPRE program with grace and dignity. Her passion is encouraging peers to step outside their comfort zone, to know that they are never alone in the hard work they do and that sharing their lived experience is LIFE to someone that feels like they have run out of options. She is a Certified Peer Support Worker Trainer; Certified Older Adult Peer Specialist Trainer; and a Certified Support Housing Peer Specialist Trainer.

**PRESENTATION: Nourishing Seeds, One Behavioral Health Student at a Time
CHI, RCORP, Grow our Behavioral Health Workforce Consortium**

PRESENTERS: Meg Long, MPH, E-RYT, Director Center for Health Innovation

Dept of Training & Technical Assistance; Brianna Flores, BHWET Project Director; Monica Hernandez, BHWET Program Specialist

PRESENTER BIOS: Meg Long, MPH, E-RYT has worked in the field of Public Health since 2002.

Her areas of expertise are mental health, international health, sexual health, violence and suicide prevention, substance use disorder prevention, and food insecurity. Meg is also an Adjunct Assistant Professor for the Public Health Sciences Department at New Mexico State University. She earned my Bachelor's in Sociology and Social Work from Western Michigan University in 2001 and my Masters of Public Health from New Mexico State University in 2009. Meg has a strong volunteer background as a national service worker with AmeriCorps NCCC and a US Peace Corps Volunteer in Kenya, East Africa. Currently, Meg is the Director of Training and Technical Assistance at the Center of Health Innovation, New Mexico's Public Health Institute. Additionally, Meg is a yoga instructor and yoga teacher trainer. Meg's goal is to create a culture of healthy, sustainable work/life balance for those working in the helping fields, where high professional standards and healthy boundaries are not mutually exclusive.

Brianna Flores, BHWET Program Specialist is a project director with the Center for Health Innovation. She oversees the Behavioral Health Workforce Education and Training (BHWET) grant, under the Grow Our Behavioral Health Workforce consortium. She has worked in the public health sector for over 5 years and is passionate about expanding opportunities for students in New Mexico.

PRESENTATION: Challenges and Promises of 988/Crisis Now Implementation in New Mexico

PRESENTER: Neal Bowen, PhD., BHSD/HSD

DESCRIPTION: Dr. Bowen will discuss the challenges and promises of 988/Crisis Now implementation in New Mexico, and the potential to leverage this to build a more coordinated and responsive overall system of care for our neighbors across the state.

PRESENTER BIO: Neal Bowen, Ph.D. is a psychologist and the Director of the Behavioral Health Services Division (BHSD) in the New Mexico Human Services Department, overseeing all behavioral health services in the state. Prior to his appointment in this role by Governor Michelle Lujan Grisham, Dr. Bowen served as the Chief Mental Health Officer for Hidalgo Medical Services, a Federally Qualified Health Center located on the Mexico border in an underserved and economically challenged rural area. In 2011, Dr. Bowen was named the Behavioral Health Provider of the Year by the New Mexico Primary Care Association. Dr. Bowen became a psychologist later in life, after working to defend human rights in war zones, among other occupations. Witnessing a project in Sri Lanka created by a Dutch psychologist training village health workers to provide mental health first aid inspired him to obtain training in psychology. After initial work in Milan, he obtained degrees, including a Ph.D. in Counseling Psychology, from the University of Texas at Austin. While there, he was awarded a fellowship for his work with refugees, culminating in the creation of The Sunrise Center, a mental health agency for refugees and asylum seekers. He joined the faculty of Central Washington University where he conducted research in multicultural competencies before moving to New Mexico.

3:50-5:00 p.m.

PRESENTATION: New Mexico Suicide Prevention Coalition: Suicide Prevention Through Community Engagement

PANEL: Jacalyn Dougherty, PhD, Suicide Prevention Coordinator, NM Department of Health Office of Injury Prevention; Susan W. Casias, MSW, ACSW, Chair, NM Suicide Prevention Coalition; Catherine (Cate) Reeves, MHA- Chair-elect, NM Suicide Prevention Coalition & Director of Quality, Presbyterian Medical Services

DESCRIPTION: Panelists will provide information about the prevalence of suicide in New Mexico and efforts of the New Mexico Suicide Prevention Coalition workgroup members to develop strategies and actions to support suicide prevention across the state. The presentation will cover the focus and activities of the ten active Coalition Workgroups. These workgroups include Communications, Emergency Departments/Primary Care, Faith Communities, First Responders/Law Enforcement/Firefighters, Gun Violence Prevention, Legislative/Policy,

LGBTQ+, Native American/American Indian, Schools/Youth-Serving Organizations, and Veterans/Military Service Members/Families.

PANELIST BIOS: Jacalyn Dougherty, PhD received a BS in Nursing from the University of New Mexico, a MS in Nursing from the University of Colorado, and completed doctoral study at the University of Denver in Developmental Psychology. She has worked as a Pediatric Nurse Practitioner and has served as a nursing faculty member in Colorado educating nurse practitioners. Jackie has served as the Department of Health's Suicide Prevention Coordinator for the past four years where she is continuing her life-long interest in health promotion.

Susan W. Casias, MSW, ACSW has a Master's in Social Work and has served as the first chair of the New Mexico Suicide Prevention Coalition when the current organization was established. She is an enrolled member of the Jicarilla Apache nation, a member of the New Mexico Native American Suicide Prevention Advisory Council and the Native American/American Indian Coalition workgroup. She is a certified Master Trainer for *Question, Persuade, Refer* suicide gatekeeper training.

Catherine (Cate) Reeves, MHA has a Master's in Healthcare Administration and is a current doctoral candidate in Organizational Development with an emphasis in Healthcare and Leadership. She has over 20 years of experience in health care in various capacities. She currently serves as Director of Quality in one of the largest integrated federally qualified health centers systems in New Mexico. Cate serves as the current Chair-elect of the New Mexico Suicide Prevention Coalition and has a passion for health promotion and suicide prevention.

PRESENTATION: Revolutionizing Primary Care Through the Primary Care Council

PRESENTER: Alex Castillo Smith, HSD

DESCRIPTION: The 2021 House Bill 67 (Primary Care Council Act)⁷ charges HSD to establish an unpaid, statewide PCC to advise the State in finding means to increase New Mexicans' access to primary healthcare while improving overall health and lowering total healthcare costs. This definition of primary care guides the work of the PCC. "High-quality primary care is the provision of whole-person, integrated, accessible, and equitable healthcare by inter-professional teams and community partners who are accountable for addressing the majority of individuals' health and well-being across settings and through sustained relationships with patients, families, and communities." Critical to the inter-professional team is participation of behavioral health practitioners. This presentation will summarize potential BH PC investment proposals, and generate feedback from Behavioral Health Providers on those proposals.

PRESENTER BIO: Alex Castillo Smith HSD (she/they) is the Strategic Planning & Special Projects Manager for the New Mexico Human Services Department. She works in collaboration with her colleagues to establish and maintain an annual, consistent rhythm of activities necessary to achieving Departmental strategic priorities. She also oversees a variety of special projects related to primary care, graduate medical education expansion, and structural determinants of health and well-being. Alex has a Master of Social Work and a Master of Public Health from the University of Washington, and previously worked in federal disability rights and aging policy, non-profit education, Capitol Hill, and political campaigns. Alex is a proud

past recipient of various safety net programs like SNAP and Medicaid, a first-generation lower-income college graduate, and a mixed race child of an immigrant parent. She was born on Ais/Ays land, and enjoys gardening and spending time with her partner and cat.

PRESENTATION: Grief & Loss – Coping Together as Helping Professionals

PRESENTER: Emmylou Emrick-Snyder, BA, CPRP, GC-C, Director at New Mexico Solutions

DESCRIPTION: Issues of grief and loss surface frequently when working in the behavioral health/substance use field. Individuals living with chronic mental illness and substance use issues have significantly lower mortality rates and are at higher risk for suicide compared with the general population. Each of us, as helping professionals, will also regularly experience personal grief related to loss due to death of family, divorce, job loss, and other life issues. The result is the emotional intersection of dedicated helping professionals who are encountering the experience of personal loss and grief while simultaneously tasked with coping with the intensity of death, loss, and grief experienced with and by those receiving services. As we carry the weight of these dimensions of loss, what can we do at both a personal and organizational level to create a community of support related to these issues? This presentation will look at defining grief and loss, the complexities of how both are encountered in behavioral health care, and what we can do together to provide support within our organizations and our provider communities.

PRESENTER BIO: Emmylou Emrick-Snyder BA, CPRP, GC-C has been working in the psychiatric field for over twenty years with experience in both direct service and administration. Much of her experience has been in service of the SMI population and in community mental health. Emmylou currently has the honor of serving as the Director of Operations for New Mexico Solutions.

Most recently, Emmylou has completed education and certification in grief support through several accrediting entities including American Academy of Grief Counseling, University of Wisconsin - Madison, and International Grief Institute. She is a member of the American Institute of Health Care Professionals, Hospice Foundation of America, and Psychiatric Rehabilitation Association. Emmylou also holds current certification as a Psychiatric Rehabilitation Practitioner and strongly holds the values of this philosophy that through the offering of hope we promote individualized person-centered recovery.

DAY 2 - FRIDAY, MAY 6, 2022

8:00-9:10 a.m.

PRESENTATION: Anna, Age Eight: The data-driven prevention of childhood trauma and maltreatment

PRESENTERS: Dominic Cappello, Anna, Age Eight Institute-co-director; Katherine Ortega Courtney, PhD

DESCRIPTION: *Radical Altruism Required* – Childhood trauma does not end in childhood, impacting students, parents, caregiving grandparents, educators and workplace colleagues. The 100% New Mexico initiative was designed to address the root causes of adverse childhood experiences (ACEs), family trauma and social adversity. 100% New Mexico initiative is a groundbreaking NMSU strategy that empowers local stakeholders to mobilize around ending trauma by ensuring ten vital services for surviving and thriving. Mental health care, medical care, housing security, food security and transportation are the services for survival we are working to strengthen across every community within a county's borders. To thrive, we are working to develop parent supports, early childhood learning programs, fully-resourced community schools, youth mentor programs and job training. The presentation will provide an overview of the altruistic initiative designed to create well-resourced communities and promote the selfless caring of others, with a focus on the vital role of the behavioral health care community in creating trauma-free childhoods, families and communities.

PRESENTER BIOS: **Dominic Cappello** is a New York Times bestselling author, TEDx Conference curator and radical altruist with decades of experience advocating for health, safety and education. He has a Master of Arts in Liberal studies with an emphasis on Language and Communication from Regis University. He worked for the New Mexico Department of Health Epidemiology and Response Division and the New Mexico Child Protective Services Research, Assessment and Data Bureau, where he co-developed the Data Leader for Child Welfare program, which he implemented in New York City, Connecticut and New Mexico. Dominic Cappello is the creator of the *Ten Talks* book series on family safety that gained a national audience when he discussed his work on the Oprah Winfrey Show. He is also the co-author of *Anna, Age Eight: The data-driven prevention of childhood trauma and maltreatment*, which served as a catalyst for the development of the Anna, Age Eight Institute in Santa Fe, New Mexico, where he serves as co-director. Cappello and Dr. Ortega Courtney wrote the follow-up book *100% Community* to guide local leadership in every county in their work designing trauma-free and truly family-friendly cities and towns.

Katherine Ortega Courtney, PhD in Experimental Psychology from Texas Christian University, where she studied at the Institute of Behavioral Research. Dr. Courtney worked with the State of New Mexico for eight years, first as the Juvenile Justice Epidemiologist, then as Bureau Chief of the Child Protective Services Research, Assessment and Data Bureau. An advocate for data-informed decision-making, Dr. Courtney championed and co-developed the New Mexico Data Leaders for Child Welfare program. She has worked in policy, research and has led community initiatives through her work at the Santa Fe Community Foundation and the New Mexico Early Childhood Development Partnership. She is also the co-author, with Dominic Cappello, of *Anna, Age Eight: The data-driven prevention of childhood trauma and maltreatment*, which served as a catalyst for the development of the Anna, Age Eight Institute in Santa Fe, New Mexico, where she serves as co-director. Dr. Ortega Courtney and Dominic Cappello wrote the follow-up book *100% Community* to guide local leadership in every county in their work designing trauma-free and truly family-friendly cities and towns.

PRESENTATION: *The NM HSD Portal Popstars present the Unified Public Interface – re-creating the HSD customer contact experience through the Consolidated Customer Service Center and the Unified Portal*

PRESENTERS: Shanita Harrison – Customer Innovation Director, HSD, ITD; Kathy Slater-Huff –Communication & Education Bureau Chief, HSD, MAD

DESCRIPTION: Introducing the new contact channels HSD has to offer through the Consolidated Customer Service Centers and a sneak peek into our unified portal project.

PRESENTER BIOS: **Shanita Harrison, HSD, ITD** is a dedicated public servant for the Human Services Department. She is passionate and committed to creating an excellent customer experience for both the internal and external customer. Mrs. Harrison has served in many roles with state government from operations to IT, creating a unique perspective on the customer experience. Mrs. Harrison’s current role is Customer Innovations Director, focusing on the external customer experience, using Human Centered Design to create delightful products for State of New Mexico constituents.

PRESENTATION: **Tribal Initiatives: An Overview of the NM Tribal Behavioral Health Provider’s Association and Member Highlights.**

PRESENTERS: Sindy Bolaños-Sacoman, MPH; Jennifer Nanez, MSW, LMSW; Stephine Poston, MA; Lena Gachupin, LISW, LCSW; Lonna Valdez, MSW; Ray Daw

DESCRIPTION: **Sindy Bolaños-Sacoman and Jennifer Nanez (Acoma Pueblo)** will present on how and why the New Mexico Tribal Behavioral Health Provider’s Association was established, our priorities, and our membership.

Lonna Valdez (Jicarilla Apache) will present on the Jicarilla Behavioral Health Department’s Crisis Response Team.

Stephine Poston (Sandia Pueblo) and Ray Daw (Najavo Nation) will present on how a value-based approach and strategy was instrumental in increasing the number of Native American calls to the COVID-19 Crisis Hotline.

Lena Gachupin (Zia-Jemez Pueblo) will present on Behavioral Health services in Kewa.

PRESENTER BIOS: **Sindy Bolaños-Sacoman, MPH** is the Owner and CEO of SBS Evaluation & Program Development Specialists, LLC and the Director and Co-Founder of the New Mexico Tribal Behavioral Health Provider’s Association. Ms. Sacoman has over 20 years of experience in the field of program evaluation, grant writing, training, strategic planning and program management. She has worked with various Tribal communities local and nationally, universities, state and local government agencies, federal agencies and internationally. Her current work has focused on substance use prevention, SUD and OUD treatment, Medicaid, 988 initiative, Law Enforcement Diversion, Screening, Brief Intervention, and Referral to Treatment, Crisis Mobil Services, Children in state custody, early childhood education and general public health initiatives. Her interests include quantitative and qualitative methods,

healing from trauma, community readiness, capacity building, prevention and treatment, fidelity to evidence-based programming, participatory research, policy, government relationships (federal and tribal), and empowerment.

Jennifer Nanez, MSW, LMSW is an enrolled tribal member of the Pueblo of Acoma. She is the Senior Program Therapist at the University of New Mexico Health Sciences, Department of Psychiatry and Behavioral Science Division of Community Behavioral Health. She is one of the Co-Founders of the NMTBHPA. She has served as the Training and Technical Coordinator with the SAMHSA Tribal Training and Technical Assistance Center. She has over 20 years of experience in social work and education with a focus on serving the American Indian population and promoting effective community engagement and clinical work. She has worked in Urban Indian, Tribal, federal, university systems, and with Tribal communities nationally. Her interests lie in suicide prevention and mental health treatment support, healing from Historical Trauma, community readiness, and capacity building.

Lonna Valdez, MSW is an enrolled member of the Jicarilla Apache Nation. She is the Director at Jicarilla Behavioral Health in Dulce, NM. She has years of experience providing behavioral health services and outpatient services. Ms. Valdez leads the Jicarilla Apache Behavioral Health Crisis Response Team which provides 24/7 crisis intervention services. She has experience working with Jicarilla's Child & Family Education Center. She is a current member of the NMTBHPA.

Stephine Poston, MA is the Owner of Poston & Associates, LLC. She is a current member of the NMTBHPA. Ms. Poston was born and raised on the Sandia Pueblo Indian Reservation. She worked for her tribe for eleven years before launching Poston & Associates, a boutique full-service communications firm. Expertise includes strategic facilitation, capacity building training, leadership development, strategic communication and event planning. She has worked with numerous tribes and tribal entities in New Mexico and throughout Indian Country on public relations and marketing campaigns, sacred site protection, voter empowerment, water rights, tribal policy development, economic development, education and healthcare.

Ray Daw is an enrolled member of the Navajo Nation. He is a freelance Behavioral Health Consultant. He is a current member of the NMTBHPA and has served in several Tribal advisory committees. He has extensive experience working in Urban Indian, Tribal, federal, and state systems including Alaska. He has worked with Maria Yellow Horse Brave Heart using the historical trauma model in trainings and health care to improve quality of life for Native people. His interests include understanding how culture, economics, historical trauma, adverse childhood experiences, acculturation, colonization, spiritual ways of being, prevention and treatment, traditional healing, policy, veteran wellness, suicide prevention & postvention, and government relations (federal and tribal).

Lena Gachupin, LISW is a Clinical Social Worker at the Santo Domingo Health Clinic. She has over 40 years of experience providing clinical services to various Tribal communities. Ms. Gachupin began as a Social Worker providing Child Protective Services with BIA. Much of her professional career has been practicing as a Substance Abuse Specialists, Mental Health Specialists and Behavioral Health Specialists with the Indian Health Service. She retired with 31 years working with the federal system. Since retirement, she has worked with the Pueblos of San Felipe, Pueblo of Jemez, and currently with Santo Domingo Pueblo. Ms. Gachupin served as the President of the Albuquerque Area Inter-tribal Behavioral Health Council (AAITC)

representing all tribal BH programs in New Mexico, Colorado and parts of Navajo. She has served on various Tribal advisory councils. She has an unwavering commitment and passion about enhancing patient quality of life.

PRESENTATION: Strategies for Successful Government Grant Writing and Funding

PRESENTER: Stanley Weinstein, ACFRE, EMBA, Executive Director, Best Chance

DESCRIPTION: Government and Foundation Grants are an increasingly important aspect of Behavior Health Organizations' funding. Participants in this interactive session will learn how to identify foundations and government agencies most likely to fund their organizations' projects. As important, workshop attendees will learn the "ins and outs" of successful grant preparation and writing. As a special bonus, Mr. Weinstein will also share his perspective on the importance of nurturing positive relationships with foundation leaders, grant reviewers, and thought leaders. These relationships can help your organization obtain pace-setting gifts at truly break-through levels.

PRESENTER BIO: **Stanley Weinstein, ACFRE, EMBA**, has spent 55 years in the nonprofit sector. As a distinguished consultant, he provided services for more than 300 nonprofit organizations nationwide. Mr. Weinstein's campaigns resulted in numerous grants & major gifts ranging from \$50,000 to \$50 million. He is the author of *The Complete Guide to Fundraising Management*, (now in its 4th edition) and *Capital Campaigns from the Ground Up*, both published by John Wiley & Sons. Mr. Weinstein is the Founder and Executive Director of Best Chance, a nonprofit serving formerly incarcerated men and women.